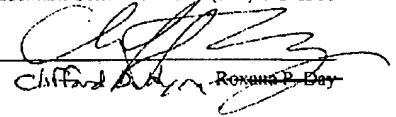


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Date: 3/1/07  
Roxana P. Day**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

In re Application of

Larry D. Huffman

Serial No. 10/728,961

Filed: 12/08/2003

For: ABDOMINAL AND BODY EXERCISE DEVICE

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Art Unit: 3764

Examiner: Richman, Glenn E.

**RESPONSE**

To the Director of the Patent and Trademark Office

Sir:

In response to the Office Action dated December 1, 2006:

Reconsideration and allowance are requested.

Resk works in one direction only like a bicycle tire pump. The cylinder may have increased pressure by inflating with a bicycle pump. See col. 2, l. 18-20 and abstract.

With regard to the rejection of claims 1-5:

Resk has neither resistance provided between the piston and the first and second ends of the cylinder for resisting movement of the piston and piston rod with respect to the cylinder nor a grip provided on one of the bars for gripping the one bar with one or two hands of a user; and positions provided on another one of the bars for holding the other bar with one or both hands or with body members of claim 1.